

Alcohol and drug policy for the Academic Society

The Academic Society (AF) is a non-profit organisation founded 1830, with the aim of joining students, teachers and clerks at Lund University and other institutions of higher education in the Lund/Malmö region, as well as those who wish to keep in contact with AF after finishing their studies.

Today, AF is Lund's largest student organisation with approximately 22 000 members. AF is an important bearer of culture and traditions in Lund municipality and its surroundings, and is a unifying force within the student life. The purpose of the alcohol and drug policy is to ensure that active members do not hurt themselves or others. The policy aims to cover all parts of AF. Recognised student associations and cooperative associations should also follow the policy and it is recommended that they develop action plans of their own. The action plans and actions of the presidency, the committees and the affiliated associations may not contravene with AF's alcohol and drug policy and/or the subsequent action plan.

Alcohol

There should be a sound drinking culture and a sound approach to alcohol within AF and the connected associations. Consumption of alcohol should be a personal choice and not occur due to drinking norms or group pressure. Alcohol consumption may occur in connection to the organisations' activities, and if so it shall occur in accordance with this policy as well as with Swedish law.

The aim of Swedish alcohol policy is to lessen the medical and social damages caused by alcohol. The government wishes to contribute to individuals taking a greater responsibility for their drinking habits by stimulating the development of goal oriented and coordinated preventative efforts at the local level and stimulating enhanced cooperation between local agents.

AF supports the aim of the Swedish alcohol policy and to minimise the damages caused by alcohol among AF's members and active individuals, AF shall:

- *Work to increase awareness within AF about the risks attached to intoxication and overconsumption,*
- *Work to reduce intoxication and overconsumption connected to AF's activities,*
- *Take notice of persons with a high risk behaviour and with substance abuse problems within AF, and help them get in contact with external support functions,*
- *AF's presidency and committees shall develop action plans in accordance with this comprehensive policy and action plan, as well as*
- *Strive to attain a sound drinking culture and a sound approach to alcohol within AF.*

Drugs and Narcotics

AF supports the Swedish narcotics policy and its overall aim of a society without narcotics. The state's efforts are aimed at the supply and demand of narcotics, with the aim of reducing recruitment into substance abuse, prompt and enable individuals with substance abuse problems to refrain from said abuse, and reduce the supply of narcotics. With this in mind, there is a zero-tolerance against drugs and narcotics within AF, recognised student associations and cooperative associations and rented (or in other ways connected) premises.

Alcohol and drug policy established by Överstyrelsen 15th of February 2016.

Action plan to implement the Academic Society's alcohol and drug policy

The Academic Society shall:

- Work to increase awareness within AF about the risks attached to intoxication and overconsumption,
- Work to reduce intoxication and overconsumption connected to AF's activities,
- Take notice of persons with a high risk behaviour and with substance abuse problems within AF, and help them get in contact with external support functions,
- AF's presidency and committees shall develop action plans in accordance with this comprehensive policy and action plan, as well as
- Strive to attain a sound drinking culture and a sound approach to alcohol within AF.

To increase awareness within AF about the risks attached to intoxication and overconsumption, AF shall:

- Request board members and persons active within committees to attend the basic course in responsible alcohol handling (A-cert). This should especially hold true for those persons who handle alcoholic beverages within a committee. The course is held by AF, KK and LUS two times per year and contains material regarding alcohol behaviour, alcohol damages, laws and regulations as well as fundamental perceptions. Those who are unable to attend any of these courses should be given the opportunity to attain this knowledge in another way.
- AF's "förmen" and the person in charge of handling alcohol in a committee should attend the basic and the continuation courses in responsible alcohol handling (A- and B-cert). The executive director, the director of communications and the director of operations should attend the continuation course aimed at permit holders (C-cert). AF's edil and housing ombudsman are encouraged to attend the continuation course for permit holders (C-cert). AF, KK and LUS hold the courses two times per year.
- The alcohol policy and procedure for purchasing alcohol should be attached to the information material given to förmen and active persons.

To reduce intoxication and overconsumption connected to AF's activities, AF shall:

- Make the committees and the presidency develop their own action plans. At parties and activities arranged by AF, the presidency and the committees take into account:
 - that social arrangements should not be based on alcohol consumption,
 - that active persons in the organisations should not be treated to alcoholic beverages,
 - that the executive director, the director of communications and the director of operations, the board and other persons in charge

should be attentive to how activities and social events are portrayed, so that they do not give the impression that alcohol consumption is a prerequisite for attending,

that other beverages than alcoholic ones should always be made visible and be easily available at all arrangements,

that there in conjunction with alcohol consumption should always be ready access to alcohol-free beverages, food and snacks,

that serving of alcohol should be carried out in accordance with Swedish law. Beverages with an alcohol strength higher than 2,25 volume percentage may only be acquired through Systembolaget and may only be purchased by the committees/associations (i) for serving occasions that have been granted a serving permit in the municipality where the beverages are intended to be served, or (ii) in a proportional quantity in those instances the alcohol is purchased for cooking purposes, or (iii) when the beverages are intended for external representation. External representation can be interpreted as activities for persons, organisations and companies that contribute to and enable the organisations, but that are not part of them, and

that the amount of alcohol purchased and made available is proportional to the total amount of people participating in an event.

To take notice of persons with a high risk behaviour and with substance abuse problems within AF, and help them get in contact with external support functions, AF shall:

- Put the director of operations in charge of establishing contacts with Studenthälsan and the alcohol reception (alkoholmottagningen) in Lund.
- Put the director of operations in charge of incorporating the contact information to Studenthälsan and the alcohol reception in Lund into the information material given to förmen and active persons.
- Inform the committee förmen of where one can turn if an active person shows signs of high risk behaviour or substance abuse problems.

In order for AF's presidency and committees to develop action plans in accordance with this comprehensive policy and action plan, AF shall:

- Put the presidency in charge of developing their own action plan.
- Put the director of operations in charge of supporting förmen and committees in their developing action plans for the committees.
- At a meeting of the förmen, gather all committee action plans and discuss their aim and functionality.
- Give the opportunity and space for a smaller educational session on how an action plan can be developed.
- Put the director of operations in charge of reporting on the status of the action plans, at the first bord meeting in the fall semester.

To strive to attain a sound drinking culture and a sound approach to alcohol within AF, AF shall:

- Put the director of operations in charge of making sure that alcohol culture, relationships to alcohol and the risks connected to overconsumption are discussed in at least one meeting of the förmen per year.

- Put the director of operations in charge of controlling that the action plans of the presidency and the committees are updated and evaluated on a yearly basis.

Drugs and narcotics

Af shall communicate a zero-tolerance attitude against drugs and narcotics within activities and rented (or in other ways connected) premises of AF, recognised student associations and cooperative associations. If possession, selling and/or usage of narcotics or other drugs is detected in committees or associations or in conjunction with their activities, police shall be called to the site. A member with narcotics and drug problems shall be supported by AF to seek professional help.

Action plan for the Academic Society's alcohol policy established by the Board the 29th of March 2016.

It is recommended that the alcohol and drug policy and action plan be updated on a yearly basis, at the first spring semester meeting of the Överstyrelse, as well as the following board meeting.